



Club Code of Conduct

Version 2.0 July 2017

The Game of Rugby Football and Netball will be damaged by any impairment of public confidence in the honest and orderly conduct of matches and competitions or in the integrity and good character of the participants be they players or spectators.

All people involved in rugby and netball, in any capacity, have a duty to adhere to the Club's Code of Conduct in keeping with The Spirit of The Laws of the Game of Rugby Union and Netball. When engaged in these sports all Club members be they participants or spectators will undertake to live the Club values of Respect, Sportsmanship and Family within our club community.

This document defines the Dubai Hurricanes Code of Conduct and will be referred to on any matters of discipline. All registered Club members be they a player, coach squad manager or medic, parent or committee member are expected to read and retain this document.

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Registration Policy

The following is a list of Dubai Hurricanes ground rules for all members, which must be acknowledged as understood when registering to play for the Dubai Hurricanes:

- The annual subscription fee must be paid in full for any player to qualify for membership of the Club, team selection and selection as a Club representative in any senior position.
- In order for members to be eligible to vote at the Dubai Hurricanes Annual General Meeting, or any other extraordinary meetings, Club membership must be paid in full. In the case of Mini & Youth Players parents who have paid in full their child's annual subscription fee are eligible to vote.
- Players wishing to be considered for Club selection must attend the agreed training sessions on a regular basis. Seniors players must maintain contact with the Director of Rugby and Team Management when unable to train. Parents of Mini & Youth players must inform the squad manager or lead coach if their child is unable to play.
- Only fully paid-up Members will be entitled to reduced airfares for any relevant Club fixtures, and when players travelling to play in countries where visas are required must, unless otherwise advised, organise, collect and pay for their individual visas. Airport taxes are also the responsibility of individual Members.
- Team training and playing kit will only be issued to fully paid-up members.
- Your acknowledgement in the membership registration process confirms your acceptance to all of the above, together with all other approved and agreed Rules and Regulations of the Club and its Constitution. Applications without acknowledgement of the Club's by-laws will not be valid. Membership for the Mini & Youth section must be acknowledged by a parent/guardian.

The Good Player Guide

- Dubai Hurricanes believe that all players should be part of our rugby and netball family, and to fit in with our family we want you to be committed to our overall aim of improving ourselves continually as a team. On a personal level this means you should have an attitude of motivating yourself and others to perform better individually and as a whole. Some players are motivated by words, other by actions, and we want you to consider what drives you to perform and look for it in your squad mates and also inspire others likewise.
- Humility is a quality we like to see in players, rugby and netball are games for all and you should accept each other abilities, wins and losses in the same polite manner. Yes we want you to be a winner with us, and we want to celebrate that success when it comes, but we should do so in the correct manner, showing our opposition – individual opponent or team respect first for the way they have played.
- We should remember the unwritten laws of the game and always respect the referee's decision, ensure as often as possible that we direct any complaints through our Captain rather than believing you can take the situation on yourself.
- We should not question or berate team mates when they make a poor decision or mistake on the playing field. We should get on with our next job, and ensure we work on the issue in training.
- We should look to train as we want to play, be on time, do it regularly and with commitment and attention to detail. We should listen to our coaches and attempt to improve each facet of our play individually and as part of the squad. Helping weaker players or taking notes from better players. We should also work on our own fitness and skills away from the organised sessions.
- Once the game is finished, we should again remain as part of the team. Win or lose, we should look to improve relationships, partake in the after match commitment to honour our opposition, and then enjoy the post match celebration or commiseration as (rugby) players have done for generations.

The Good Coach Guide:

- A good coach listens as much as he or she talks. At the Dubai Hurricanes we want all of our coaching team to be approachable, be willing to listen to ideas from other coaches, players, parents and spectators, even if these ideas are not viable or practical. They are to be seen as the main figurehead for their squad.
- The Dubai Hurricanes want their coaches to be firm and resolute in their beliefs for how they can develop a player and a team. Coaches are to work with the Director of Rugby and other stakeholders to ensure we have an overall strategy for playing and improving our play, which will be based on thoroughly planning their part in the overall training effort.
- They should be role models in time-keeping, organised and exude positivity. The players need a coach to be confident and keep them engaged and on task for the period of training planned with a mix of game related activities and fitness.
- On match days, the coaches are in charge of all rugby and netball related activity, and should ensure they run their team and back up staff to get the best out of their match, managing any distractions to the players to let them concentrate on the Dubai Hurricanes goal of winning!

Mini & Youth Coaches

- Foster an enjoyment of playing rugby and netball;
- Cater for all levels of ability;
- Give all participants a 'fair go' providing equal opportunities for players to develop skills, gain confidence and experience success;
- Prepare and conduct sessions based upon sound coaching methods and make a commitment to update and maintain sound coaching principles and practice;
- Appreciate and understand young people's growth and development;
- Take into consideration the maturity and fitness level of the players, when scheduling and determining the training programmes;
- Foster a learning an environment in which the process is as important as the outcome;
- Never ridicule or chastise young people for making mistakes;
- Insist on fair play, not tolerate foul play, fighting or offensive language;
- Provide safe training and playing conditions;
- Insist that players not use prohibited or performance enhancing drugs;
- Encourage players to demonstrate exemplary sporting behaviour in both training and competition;
- Engender respect for the ability of opponents as well as for the judgement of officials and opposing coaches;
- Never use offensive or discriminatory language or do anything that may demean another person on the grounds of race, colour or ethnic origin;
- Set a good example as a role model and leader.

The Good Manager Guide

- The Dubai Hurricanes need their managers to take pressure off the players, parents and coaching team; supporting the overall club effort in reducing stressors for their team, leading up to, but especially during match preparations. During the game, they should run the UAERF required score sheet and ensure required signatures are obtained and scores verified before sending off to the Federation before deadlines.
- A Dubai Hurricanes Manager should be at the centre of communications around the club and the squad he or she manages, looking to take on responsibility and delegate tasks to those they are sure can carry them out. They are the players' point of contact off the field, a networker, a strong communicator and organiser with an eye for what a player or coach needs to make the match day preparations simple and smooth.
- They should ensure the squad medics, playing kit, team sheets and travel plans are organised. They are the ones who should double check everything before the coach or squad captain asks, pre-empting and meeting needs before the squad realise they have them.
- Working with the Club Secretary – Team managers should also ensure the playing staff are compliant with UAERF rules, have paid subs, been allocated an UAERF player number and disciplinary matters are dealt with for the clubs benefit.

The Good Safety & Medical Guide

It is important that participants understand and adopt the following guidelines for Health & Safety:

- only qualified first response medics are allowed onto the field of play to treat an injured player. In the case of Mini & Youth players parents must understand the laws of the game and that it is up to the match official to control the continuation of the game whilst a player is injured.
- playing and training grounds are adequately maintained and regularly checked for hazards;
- appropriate and properly fitted protective equipment (e.g. mouth guards) are used at all training and competition sessions;
- suitable clothing and footwear is worn for all training sessions and games;
- warm-up and cool-down exercises accompany all rugby and netball activities;
- fluid intake be encouraged before, during and after rugby and netball activities;
- activity for young players be limited during extremes of temperature or humidity;
- players should be protected from the dangers of sun exposure. When not playing participants should wear protective clothing and apply maximum strength sunscreen on exposed skin. Whenever possible there should be adequate shading areas.
- coaches and managers must be made aware of any pre-existing medical conditions (e.g. asthma, epilepsy and diabetes) and should know how to deal with them in case of emergency.
- coaches and managers and other adults must seek and take in to account medical advice when players are affected by injury or illness. Players must be fully recovered before returning to competition or training. If in doubt, a medical clearance from the doctor should be obtained. Any player complaint of pain, tenderness, limitation of movement or disability must be promptly managed and referred to appropriate medical personnel.

The Good Spectator Guide

Spectators can influence the behaviour of participants and the conduct of the sport. The Dubai Hurricanes want to be seen as a family club first. Therefore we wish our spectators to be aware of who else may be watching the games and be respectful of our own fans and those of the opposition. Club spectators should:

- appreciate that young people participate in Rugby and Netball for their enjoyment;
- acknowledge and compliment good performances and efforts from all participants regardless of the outcome;
- Respect the decisions of Match Officials, Coaches and players. The the case of match officials should be treated respectfully – they are human and may make mistakes, but until you have been in their shoes and understand the laws of the game, it should be remembered the game cannot be played without them. So a big YES to banter and gentle cajoling, but a firm NO to insults and derision.
- Never ridicule or abuse a participant for making a mistake;
- Never use offensive or discriminatory language or do anything which may demean another person on the grounds of race, colour or ethnic origin;
- Discourage the use of violence in any form, be it spectators, coaches, officials or players.
- Language should be tempered and inclusive. Banter should be humorous and not hurtful. We want support not embarrass.
- If you are spectating at your child's match, remember to nurture, mentor and loudly support your child and their team – that is what they need. What they do not need is to be shouted at or embarrassed in front of their team mates and scared to play or make a mistake.